

THE DRAMA THERAPY CLUB

Encourage self-awareness, expression and build a network through drama therapy

What is Drama Therapy?

Drama Therapy is an active, approach to facilitating change. Through **storytelling, play, improvisation, and performance**, participants practice communication and expand their creative expression.

This group can benefit:

12-15 year olds who would like to improve their social skills, relationships with family and peers, increase self-esteem, and improve their overall emotional well-being.

Group Facilitator: Fatmah Al-Qadfan, M.A.

Start: January 10th - Feb. 14th

Every Wednesday; 4pm to 5.30pm

Ages: 12-15

Fee: 50KD for 6 sessions

Location: FSRI, Salmiya

Tel: 2572 - 0338

