

Registration open for one of Kuwait's biggest charity sporting events

FSRI back with RunQ8 for sixth year on Nov 12

KUWAIT CITY, Oct 31: RunQ8, one of Kuwait's most prominent charity sporting events, is set to return on Nov 12 to continue with its efforts to support children with disabilities. Organized by Fawzia Sultan Rehabilitation Institute (FSRI), with the support of Founding Partner, Agility, the non-profit initiative is back for its sixth year, and will be taking place at The Scientific Center Kuwait (TSCC).

The annual event aims to raise awareness and funds to support FSRI's Children's Evaluation and Rehabilitation Center (CERC), a non-profit pediatrics facility providing specialized interdisciplinary treatment and care for children with disabilities. The Center provides a full spectrum of care and assessment across a number of areas — including rehab for physical injuries, developmental disorders, speech, language and swallowing difficulties, behavioral difficulties, learning disabilities, and much more.

At a press conference held on Monday, Oct 31 at The Promenade Culture Center announcing the event, Dr Elham Al-Hamdan, President & Medical Director of FSRI, said: "Every year we are absolutely delighted by the amount of support we get from everyone in this community. RunQ8 is one of our biggest and proudest achievements at FSRI, as this initiative has been successful on so many different levels. Not only are we able to raise awareness about children with disabilities, but every year we are able to garner much needed financial and moral support to help us continue to care for these children."

Initiative

Also speaking at the conference, Alyah Al-Jasser, the Marketing Manager of the Al Othman Portfolio, which owns the charity fund of The Promenade, who this year join the race as the Platinum Sponsor, said: "we are delighted to join hands with FSRI and spon-

sor RunQ8 and honored to support this great initiative. Our objective of this participation is to maximize the opportunity of this run to give the people in Kuwait a wide perspective on children with disabilities and promote a message of hope".

On his part, Nawaf Al-Rudaini, Marketing and Public Relations Manager of The Scientific Center Kuwait, who are hosting RunQ8 this year, said: "We at The Scientific Center, an achievement of the Kuwait Foundation for the Advancement of Sciences, are thrilled to be hosting this year's RunQ8 and doing our part to support this important cause, especially as we are proud to have been the first to host the race when it started out a few years ago. Our support for this event stems from our strong belief in the importance of its mission and vision, which focuses on providing support, care and opportunities for treatment to special needs children. These children and their families need all the support we can offer

them, whether in terms of raising awareness, or by providing financial support to families in need."

Proceeds from RunQ8 go towards enabling CERC to continue providing specialized quality care for children who otherwise may not get access to the care they need. The majority of raised funds are used to help families facing financial difficulties, helping them get much-needed treatment at a subsidized lower cost, or even for free in some cases.

Opportunity

In its sixth edition, RunQ8 is offering two chipped distances — 5-km and 10-km — and is open to people of all ages and fitness levels. Although RunQ8 is a great opportunity for experienced athletes and competitive runners to challenge themselves, running is not a must. For those unable to run a marathon, they can opt to walk, jog or just stroll — as long they participate in some way to support this great cause.

This year, the event enjoys the support of a myriad of local organizations, including RunQ8's Founding Partner Agility, Platinum Sponsor The Promenade Mall, The Scientific Center, Al-Ruwayeh & Partners (ASAR), EQUATE, Fitness First, Intersport, Jumeirah Messilah Beach Hotel & Spa, Porsche, Al-Essa Health Shop, Ikea and Tap. This year RunQ8 is also being supported by media partners Al Anbaa, Ahlan and Kuwait Times, as well as social media partners Khaleesque and EverythingKuwait. RunQ8 also welcomes all organizations wanting to contribute and support its efforts, with opportunities for sponsorship still available.

Registration is now open, and participants can sign up via the official website (runq8.org). You can also call FSRI (at 25720338 or 25721757) for more information, and/or follow @runq8official and @fsri on Instagram to get the latest news and updates.

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A flyer of the event

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Alcoholics Anonymous: If you know someone who can't stop drinking and would like to help them please check us out and we promise to try to help at www.aaarabia.org. There are no fees. This is a genuine public service.

Drinking problem?: Friends of Bill W. are available to help. Totally confidential. Email: rohsecretary@gmail.com

Narcotics Anonymous: NA can help with addiction problems. Totally confidential: 94087800 English/Arabic.

Cancer online support group: If you are Cancer patient or family member fighting with this deadly disease, come join our online support group. Best way of dealing with this disease is providing support and share our experience with each other. There are lot of things which even doctors can't tell so be member of this website and start sharing your experiences which may help others. October is recognized as National Breast Cancer Awareness Month (NBCAM). The primary purpose is to promote self examination and screening mammography as the most effective way to save lives by detecting breast cancer at early stage. For more information visit: <http://fightingwithcancer.webs.com/>

Latest

Share your story with Amricani: Do you or any of your family members, acquaintances or friends happen to have a story with the American Missionary hospital in Kuwait (Mustasha Lemraicani) during the years from 1914-1967, the official period of offering medical services in Kuwait?

Please share with us your story or your memory during those old days by writing the event and sending it to the following email address: Mystory@darmuseum.org.kw

Notes: 1. Please send your story only to the above mentioned email. Story shared in Instagram, Facebook or Twitter will not be considered.

2. Please write your story or memory and sign it with your full name, and your contact number.

3. It will be great if you send us your personal photos or those of the place related to the story (optional).

Your story will be part of a new book to be published by DAI.

I am confident that your contributions will be an essential part of the history of Amricani. Share with us!

Nov 4

KKK Rajyotsava: Kuwait Kannada Koota (KKK), a pioneer non-profit organization established in 1984 is pleased to announce their annual Rajyotsava function (state festival) at Kuwait Science & Technology auditorium, Doha Road, Kuwait on Friday, Nov 4, 2016 from 5 pm onwards.

Every year, KKK conducts this annual mega function with great pomp and show. There will be a cultural extravaganza displayed by the children of the Koota. This year KKK has given prominence exclusively to children of Koota and it is aptly named as "Chinnara Loka" in Kannada which means "Children's World".

We are honored to have HE Sunil Jain, Indian Ambassador to Kuwait as our Chief Guest. It's been customary of KKK to invite one Guest of Honor from Karnataka. This

year we are pleased to invite two well-known guests from Karnataka in Kalashree Y.K. Muddukrishna, former director of Kannada and Culture department, Karnataka and Nagara Srinivasa Udupa, General Secretary of "Karnataka Sugama Sangeetha Parishat" who will be pleased to share their views of our rich cultural heritage of Karnataka.

KKK is pleased to invite all our sponsors, office bearers of other Kannada associations hailing from Karnataka and other dignitaries. KKK extends invitation to Kannadigas in Kuwait. Kindly contact the executive committee CA Prashantha Shetty cell: 97916975, Rajesha Vittal PMP cell: 94066822, Prabhu Achar cell: 60935858 and Dr Shashikiran Prabhu cell: 66619320.

Enjoy the Cultural extravaganza displayed by our children of the Koota.

PSA blood donation camp: Pakistan Sports Association Kuwait (PSA) Annual Blood Donation Camp will be held on Friday 4th November 2016 at Central Blood Bank Jabriya. Join hands with us in great humanitarian cause. Sharing is Caring. Contacts: 99442640/97899392/97519004

FOCUS talk show, seminar: FOCUS is conducting a talk show by Padma Shri Architect G. Shankar and a seminar of latest CADD technology AUTODESK BIM 360, as a part of commemorating FOCUS's 10th Anniversary celebrations, this event will be held on the evening of Saturday, Nov 5 at Indian Community School Auditorium, Salmiya from 05:00 pm onwards.

The subject of the talk show will be "Towards a Green Habitat" discussing the relevance and essentiality of Eco friendly sustainable construction technology and the features of organic architecture.

In association with Autodesk-USA and LOGICOM -Dubai, a seminar on the latest CADD technology will also be organized with informative and educative presentations and discussions by the delegates of Autodesk-USA flown into Kuwait.

In honor of the 10-year milestone, a whole day festivity comprising of a mega musical show by renowned play back singer Madhu Balakrishnan and folk singer Praseeda also will be staged on Friday 04th November at Integrated Indian School, Abbasia.

FOCUS Officials have informed that all arrangements are set to stage these duo events to mark the 10th year milestone.

Registrations for Talk Show and CADD/BIM seminar can be done on-line clicking the below link.

<http://gems.autodesk.com/Kuwait>
All registrants will be provided with certificates by AUTODESK-Inc, USA. Socio-environmental activists, Technical aspirants, and Engineering professionals are requested to utilize this opportunity beneficial to their goals on profession and career advancement. Organizers added. Entry will be only for registrants and invitees. Registration open to all interested to attend.

Nov 7

IEI Engineers' Day: The Institution of Engineers (India), Kuwait Chapter is pleased to announce the upcoming 49th Engineers, Day Celebration in Kuwait. This day is celebrated in memory of Bharat Ratna, Sir M. Visvesvaraya, greatest Engineer and Statesman of India on his birth anniversary. Apart from HE the Ambassador of India to State of Kuwait, many dignitaries and distinguished guests from Ministries, Universities, KSE, KISR, Engineers, technocrats, consultants, decision makers and business leaders shall be attending the function. The theme for this year Engineers' Day is "Skill Development for Young Engineers to Reform the Core Sector: Vision 2025."

Details are as below:
Date: Nov 7th 2016, Monday
Venue: Multi Purpose Hall, Arab Fund Building, Shuwaikh

Time: 6:30pm onwards
The Registration will start at 6:30 pm followed by function starting at 7:00 pm.

Please register your name through www.ieikuwait.org by clicking Event Attendance or kindly send an email to ieikwt@hotmail.com. Prior registration is must and all members are advised to be seated 10 minutes prior to the arrival of VIPs.

For any question, please call at the chapter's office between 5.30 pm and 8.30 pm at 22445588 Extn 314 or Contact Engr Mohandas Kamath (Mob: 67030055)/Engr Sudhir Menghani (Mob: 97987455). Security badges



US ambassador's wife, Mrs Catherine Silverman, with the students



Ali Dashti with the students

BSK students take part in Al Sidra Breast Cancer Awareness event

In recognition of Breast Cancer Awareness month, Al Sidra association held an event in Al Shaheed Park on the 26th of October, in which cancer survivors Mrs Dalaa Al-Mufti and Ms Sharifah Al-Haqbani gave inspirational speeches regarding their journey to recovery and the valuable lessons they learned along the way, effectively educating the public and placing emphasis on the importance of regular screening tests.

Ali Dashti also explained the harmful effects of negative thinking and the ways in which we can work towards better living through our outlook on life. BSK students, charity committee

leaders, those who were in charge of organizing BSK's Pink Saturday charity event that raised more than KD 4,000, were luckily invited to attend, allowing them to gain a new and eye-opening experience. BSK students also got the chance to meet the United States of America's ambassador's spouse Catherine Silverman.

It was also a chance to inform the public on the work they have done, and the money they have raised for the Al Sidra association. It was beyond doubt a profound experience, one which BSK students will cherish.

will be issued.

We look forward to your participation in large numbers.

DAI StoryCraft sessions: Registration is now open for StoryCraft at Amricani's November sessions, held Mondays at 4:30 pm at Amricani. To register for all four November StoryCraft sessions (Mondays: November 7, November 14, November 21 and November 28). Please email: education@darmuseum.org.kw

Nov 11

KALA (Art) Niram 2016: KALA (Art) Kuwait,

a leading Progressive Art and Socio Cultural Organization among the Indian Community in Kuwait has scheduled to conduct their prestigious program titled as "Niram 2016" Painting Competition, on the occasion of Children's Day celebration by marking the birth day of the First Prime Minister of India, Pandit Jawaharlal Nehru, on Friday, Nov 11, 2016 at Indian Community School, Khaitan, at 2:00 pm.

The program "Niram 2016" consists of Painting Competition for the Indian School Students and a "Marathon Open Canvas Painting" for the other attendees including parents, visitors and guests. The Painting Competition will be conducted in four different age groups. Group "A" from LKG to 1st Standard, Group "B" from 2nd to 4th Standard, Group "C" from 5th to 8th Standard and Group "D" from 9th to 12th Standard.

The media for Group "A" and "B" will be Crayons while Group "C" and "D" are Water Colors. Crayons and water colors shall be brought by the participants. Stamped Drawing papers will be supplied by the Organizers. Clay Modeling Competition also will be conducted for 7th to 12th Standard Students. Clay will be provided by the Organizers. The Marathon Open Canvas Painting is conducting in a view to display everyone's views and talents through their vivid creations.

For the successful conduct of the program, a reception committee has been formed headed by Sunil Kumar as General Convener and Mukesh V.P. as Registration Convener.

Besides the 1st, 2nd, 3rd and merit prizes, ten percent of the participants will be awarded with consolation prizes. The winners are liable to prove their age group with relevant documents in case the organizers requested so. Parents also have the opportunity to win prizes for Open Canvas Painting.

Students can register their names through websites www.kalakuwait.net. For further details can contact by e-mail kalakuwait@gmail.com and the following telephone numbers

97959072, 97219833, 97219439, 66015466, 67042514, according to Jaison Joseph, President KALA (Art) Kuwait and Rakesh P.D., General Secretary, KALA (Art) Kuwait.

Nov 12

RunQ8 charity event: Fawzia Sultan Rehabilitation Institute (FSRI) announces that its annual RunQ8 charity event will be held this year on Saturday Nov 12 at The Scientific Center Kuwait.

The event aims to support children with disabilities, raising awareness and funds to support FSRI's non-profit Children's Evaluation and Rehabilitation Center (CERC), enabling it to continue providing specialized and multi-disciplinary treatment and care for children with disabilities across the community in Kuwait.

This year, RunQ8 is offering two chipped distances — 5km or 10km — and is open to people of all ages and fitness levels. For those unable to run a marathon, they can walk, jog or just stroll. Registration is now open, and participants can sign up via the official website (runq8.org). You can also call FSRI (at 25720338 or 25721757) for more information.

This year the race enjoys the support of a number of local companies and organizations, but the door is still open for anyone looking to support this non-profit community initiative.

Nov 24

Indian Embassy notice: All Indian nationals in Kuwait holding hand written passports are advised once again to apply for urgent re-issuance of new passports, in lieu of handwritten passports, under the following circumstances:

■ The International Civil Aviation Organisation (ICAO) had set a deadline of Nov 24, 2015 for globally phasing out of all non-

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The British Ladies Society

Winter Bazaar

Friday 18th November 2016
10:00-16:00
At the British School of Kuwait (BSK)

Refreshments available
100's of tables

For more information or to book a table
Contact: bazaar@thebskuwait.com

A flyer of the event